



# Bootcamp Base

FST930



The Bootcamp Base gives trainers every opportunity they need to do their training. It is a multipurpose gym where you can easily train with groups of more than 10 people. The Bootcamp Base allows users to stow barbells at various heights and to attach boxing bags and many other training equipment (suspension trainers, climbing ropes, battle

ropes, elasticated attachments etc.).

Item no. FST93000-0801	
General Product Information	
Dimensions LxWxH	195x585x262 cm
Age group	13+
Play capacity (users)	8
Color options	 



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The pull up bars are 180 cm long and have a diameter of 32 mm. The bar is hot dip galvanized and the surface is powder coated, this provides a smooth service and allows users to perform dynamic exercises without getting injuries.

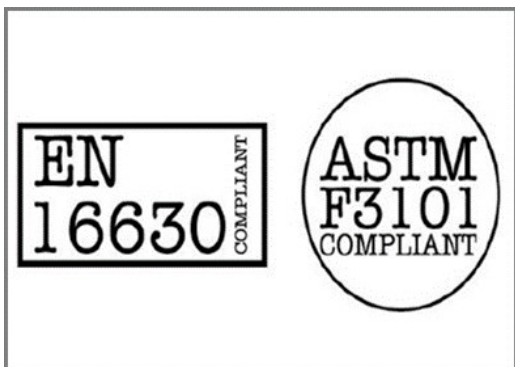


The post of the Bootcamp Base is made of 80x80x3mm and is Hot Dip Galvanized. Due to these over sized posts the structure is almost unbreakable and very rigid.

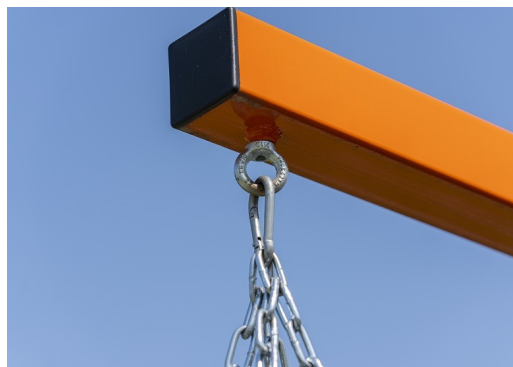


This is called a J-Hook, you can adjust them to set up the bar at the right height for each of your lifts. KOMPAN J-hooks are heavy duty and fit securely in place so you can focus on your workout without having to worry about hook slippage or movement. They are hot galvanized and can resist all weather conditions.

Item no. FST93000-0801	
<b>Installation Information</b>	
Max. fall height	150 cm
Safety surfacing area	38.4 m <sup>2</sup>
Total installation time	9.6
Excavation volume	1.60 m <sup>3</sup>
Concrete volume	0.78 m <sup>3</sup>
Footing depth (standard)	80 cm
Shipment weight	659 kg
Anchoring options	In-ground ✓ Surface ✓



All KOMPAN fitness products are compliant with the ASTM F3101 & EN16630 Outdoor Fitness Standards. Load tests are performed as a static test by adding dynamic factors as well as safety factors to the specified load of 78kg per user. A product intended for 1 user is loaded with 420kg.

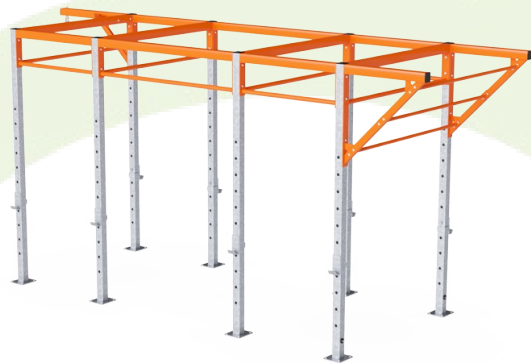


One of the cool opportunities the FST930 offers is the opportunity to add a boxing bag to the structure. All the hardware is in place to click on your boxing bag and start working out! The bolts and connectors are made from stainless steel and extremely durable.

**EN**  
**16630**  
compliant

# Sustainability Data

FST930



Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
FST93000-0801	1,340.30	2.59	49.90

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

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### Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025  
Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

Publication date: 30. October 2023

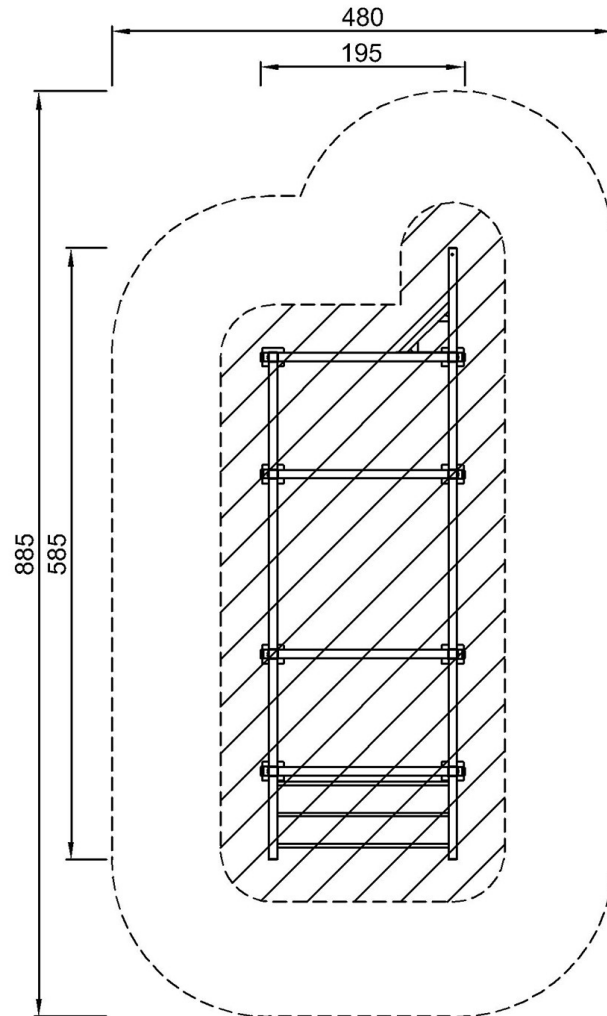
By Bureau Veritas HSE  
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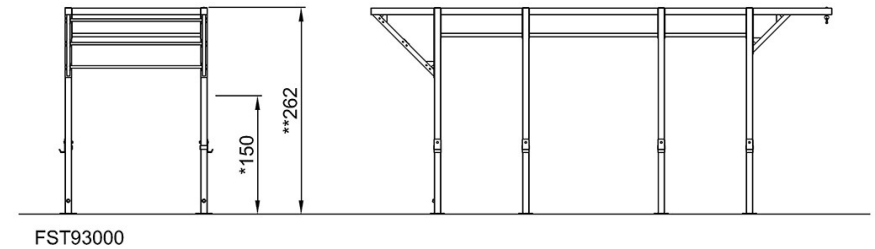
\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area



FST93000  
\*150cm  
\*\*262cm  
\*\*\*38.4m<sup>2</sup>

[Click to see TOP VIEW](#)

\* Max fall height | \*\* Total height



[Click to see SIDE VIEW](#)