

# Combi 4

FSW104



The Combi 4 Pro is a compact and complete street workout and calisthenics combination for training and competition. It features an incline bench, parallel bars, push up bar, decline press, Swedish ladder, human flagpole and pull up station. This is seven workout stations in one, and that is within only 397 ft². The 4'6" wide pull up bars are designed to give plenty of

space to dynamic exercises and promote sideways exercises such as the typewriter pull up. The wide bars also allow for users to do pull ups next to each other and so compete or motivate each other.

Item no. FSW10401-0901	
General Product Information	
Dimensions LxWxH	12'7"x14'3"x7'10"
Age group	13+
Play capacity (users)	8
Color options	



See KOMPAN Fit App for More Information



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The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



All bars intended for pull ups are made of solid,  $\varnothing 32\text{mm} \times 138\text{ m}$ , hot dip galvanized, S235JR steel bars. This diameter gives the right grip for everyone.



The handles offer 4 different heights to place the hands or feet; 48cm, 76cm, 104cm and 132cm, creating the opportunity to scale the difficulty of the exercise.



Post are made of 101.6 x 2mm, pre-galvanized carbon steel and powder coated, a great protection to all conditions.



The surface is made of Ekogrip™ panels, consisting of 15mm polyethylene with a 3mm top-layer of thermoplastic rubber. The Ekogrip™ panels have a non-skid effect for comfortable and safe training at all weather circumstances.

Item no. FSW10401-0901

## Installation Information

Max. fall height	7'8"
Safety surfacing area	364ft²
Total installation time	8.2
Excavation volume	1.1yd³
Concrete volume	0.44yd³
Footing depth (standard)	2'11"
Shipment weight	606lbs
Anchoring options	In-ground ✓ Surface ✓

## Warranty Information

Connectors	10 Years
EcoCore HDPE	Lifetime
Hot dip galvanized steel	Lifetime
Post	10 Years
Spare Parts Availability	10 Years

**ASTM  
F3101**  
compliant

# Sustainability Data

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Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
FSW10401-0901	783.90	3.46	46.40

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

## Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

Date: 30. October 2023 | Valid until: 30. October 2025

Verified by:

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

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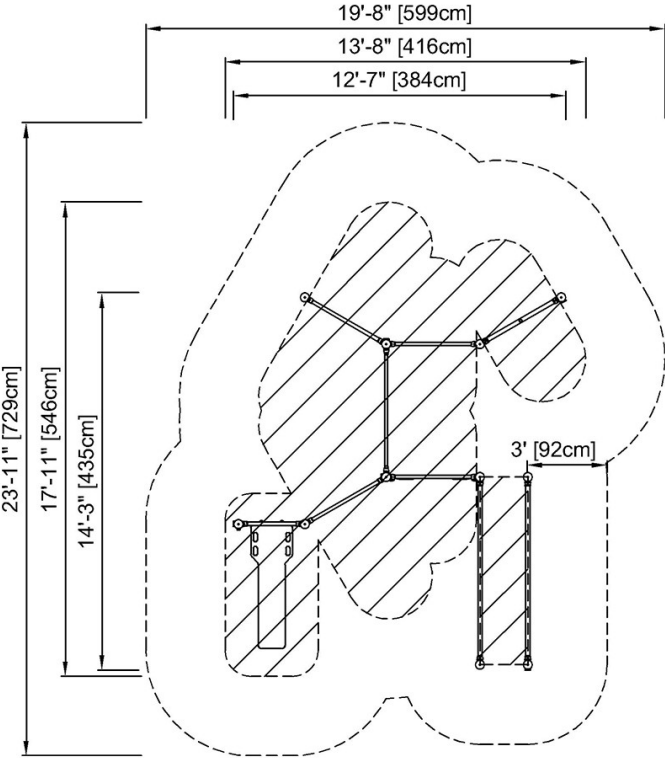


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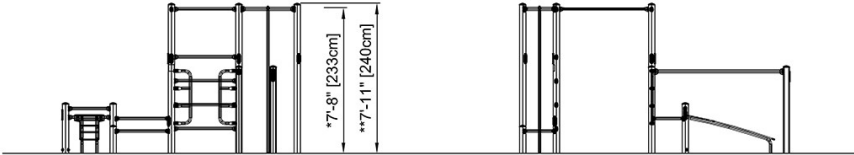
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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



FSW10401  
\* 7'-8" / 233cm  
\*\* 7'-11" / 240cm  
\*\*\* 364ft<sup>2</sup> / 33.8m<sup>2</sup>



FSW10401

[Click to see TOP VIEW](#)

[Click to see SIDE VIEW](#)