

# Combi 2


FSW102

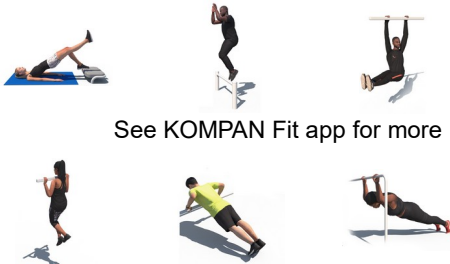


The Bench provides perfect training for the core and lower back muscles by doing exercises such as leg lifts and sit ups. Easy grips are created to make sure anyone can do the exercise in a correct way. Compact and complete street workout combination featuring an incline bench, push up bar, decline press, horizontal ladder and pull up station. The

Combi 2 is suitable for pro's to beginners, with both cleverly placed bars to determine difficulty level, and clean work out space for advanced training. The Pull Up Bar is made from solid steel and has a diameter of Ø32 mm. An ideal size for both men and women to have a good grip. As the Bar hangs at a height of 233 cm everyone will be able to hang freely and use

the bar for a variety of Pull Ups.

Item no. FSW10201-0901	
General Product Information	
Dimensions LxWxH	450x344x240 cm
Age group	13+
Play capacity (users)	6
Colour options	



See KOMPAN Fit app for more



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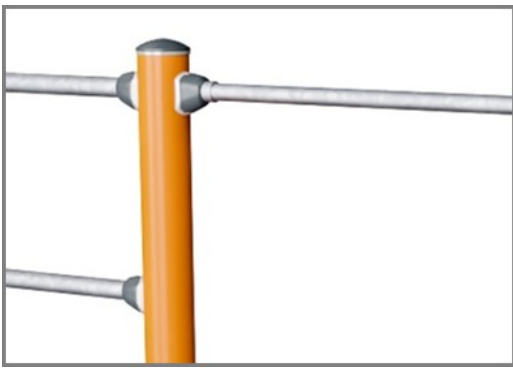
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Post are made of Ø101.6 x 2mm, pre-galvanized carbon steel and powder coated, a great protection to all conditions.



The connectors are made of die-cast aluminium, specially alloyed for the outdoor environments and heavy usage. The screws attaching the connectors are stainless steel and protected by zinc washers.



All bars intended for pull ups are made of solid, ø32mm x 138 m, hot dip galvanised, S235JR steel bars. This diameter gives the right grip for everyone.

Item no. FSW10201-0901	
Installation Information	
Max. fall height	133 cm
Safety surfacing area	30.2 m²
Total installation time	6.0
Excavation volume	0.70 m³
Concrete volume	0.31 m³
Footing depth (standard)	90 cm
Shipment weight	191 kg
Anchoring options	In-ground ✓ Surface ✓
Warranty Information	
Connectors	10 years
EcoCore HDPE	Lifetime
Hot dip galvanised steel	Lifetime
Post	10 years
Spare parts guaranteed	10 years



The handles offer 4 different heights to place the hands or feet



The information sign is made of a PA6 (Polyamide) and shows the most relevant exercise and a QR code. When scanned the QR code will link to an animated illustration of the exercise and offers the possibility of downloading the KOMPAN sport & fitness App, which will provide a large amount of exercises and workouts.



The surface is made of Ekogrip™ panels, consisting of 15mm polyethylene with a 3mm top-layer of thermoplastic rubber. The Ekogrip™ panels have a non-skid effect for comfortable and safe training at all weather circumstances.



# Sustainability Data

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Cradle to Gate A1-A3	Total CO <sub>2</sub> emission	CO <sub>2</sub> e/kg	Recycled materials
	kg CO <sub>2</sub> e	kg CO <sub>2</sub> e/kg	%
FSW10201-0901	512.60	3.52	45.00

The overall framework applied for these factors is the Environmental Product Declaration (EPD), which quantifies "environmental information on the life cycle of a product and enable comparisons between products fulfilling the same function" (ISO, 2006). This follows the structure and applies a Life-Cycle Assessment approach to the entire Product stage from raw material through manufacturing (A1-A3))

**Kompan A/S**  
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Denmark



### Verification of CO<sub>2</sub> calculation of: Fitness



Data version no. 2023-10-05

The CO<sub>2</sub> calculation and data are in compliance with the principles of a carbon footprint impact according to the GHG protocol (Greenhouse Gas Protocol), Scope 3, cradle to gate related to all individual components in the product category: "Fitness" represented by item no.: FAZ10100-0900.

(Scope 3 emissions include emission sources in the upstream and downstream value chain).

**Date: 30. October 2023 | Valid until: 30. October 2025**  
**Verified by:**

Julie Marie Vejsgaard Larsen, LCA & EPD Consultant

Verification based on report: Validation of CO<sub>2</sub> calculation of 9 categories of Kompan product line, version 1.0, prepared by: Bureau Veritas HSE, Denmark: Julie M. V. Larsen.

**Publication date: 30. October 2023**

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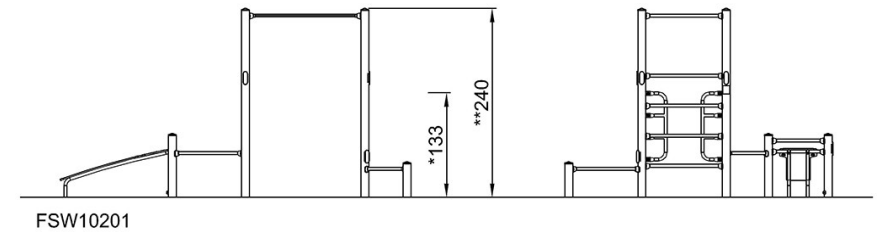
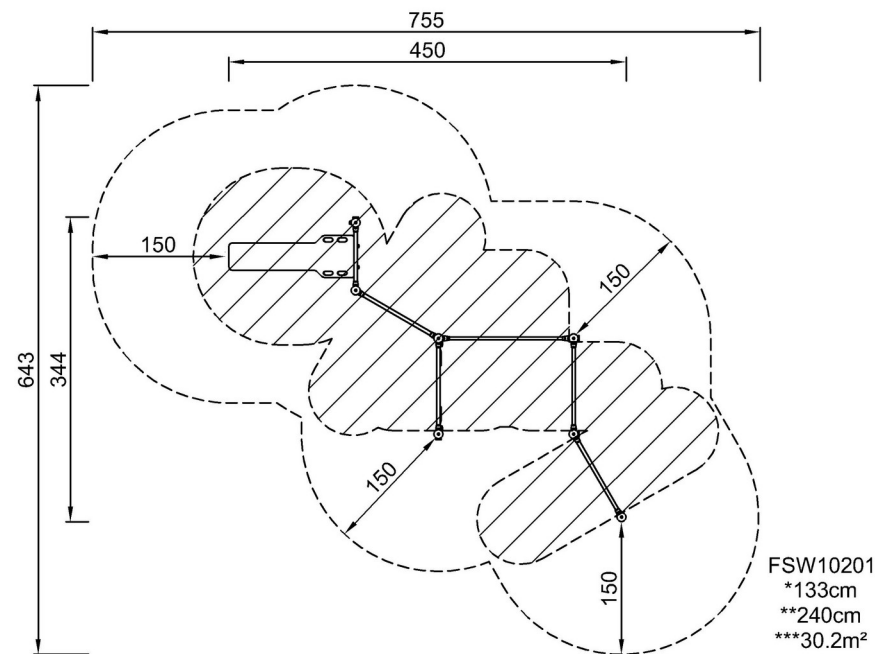


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\* Max fall height | \*\* Total height | \*\*\* Safety surfacing area

\* Max fall height | \*\* Total height



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[Click to see SIDE VIEW](#)